

# HORARIO DE CLASES COLECTIVAS

## SMARTFIT MOLLET

### MAYO



|       | LUNES   |            |            | MARTES  |            |            | MIÉRCOLES |            |          | JUEVES  |            |            | VIERNES |            |            | SABADO  |            |            | DOMINGO |            |            |
|-------|---------|------------|------------|---------|------------|------------|-----------|------------|----------|---------|------------|------------|---------|------------|------------|---------|------------|------------|---------|------------|------------|
|       | Estudio | Sala Ciclo | S. Fitness | Estudio | Sala Ciclo | S. Fitness | Estudio   | Sala Ciclo | Exterior | Estudio | Sala Ciclo | S. Fitness | Estudio | Sala Ciclo | S. Fitness | Estudio | Sala Ciclo | S. Fitness | Estudio | Sala Ciclo | S. Fitness |
| 07:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 07:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 07:30 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 07:45 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 08:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 08:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 08:30 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 08:45 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 09:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 09:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 09:30 |         | CICLO      |            |         | PILATES    |            |           |            |          | ZUMBA   |            |            |         | CICLO      |            |         |            |            | CICLO   |            |            |
| 09:45 |         | 09:30      |            |         | 09:30      |            |           |            |          | 09:30   |            |            |         | 09:30      |            |         |            |            | 09:30   |            |            |
| 10:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 10:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 10:30 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 10:45 | PUMP    |            |            |         | FUNC.      |            |           |            |          | CICLO   |            |            |         | YOGA       |            |         |            |            |         |            |            |
| 11:00 | 10:30   |            |            |         | 10:30      |            |           |            |          | 10:30   |            |            |         | 10:30      |            |         |            |            |         |            |            |
| 11:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 11:30 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 11:45 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 12:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 12:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 13:45 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 14:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 14:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 14:30 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 14:45 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 15:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 15:15 |         | CICLO      |            |         | GAP        |            |           |            |          | SH'BAM  |            |            |         |            |            |         |            |            |         |            |            |
| 15:30 |         | 15:15      |            |         | 15:15      |            |           |            |          | 15:15   |            |            |         |            |            |         |            |            |         |            |            |
| 15:45 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 16:00 |         |            |            |         |            |            |           |            |          |         |            |            |         | PILATES    |            |         |            |            |         |            |            |
| 16:15 |         |            |            |         |            |            |           |            |          |         |            |            |         | 16:00      |            |         |            |            |         |            |            |
| 16:30 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 16:45 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 17:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 17:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 17:30 | PILATES |            |            |         | ZUMBA      |            |           |            |          | PUMP    |            |            |         | GAP        |            |         |            |            |         |            |            |
| 17:45 | 17:30   |            |            |         | 17:30      |            |           |            |          | 17:30   |            |            |         | 17:30      |            |         |            |            |         |            |            |
| 18:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 18:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 18:30 |         | CICLO      |            |         | GAP        |            |           |            |          | CICLO   |            |            |         | ZUMBA      |            |         |            |            |         |            |            |
| 18:45 |         | 18:30      |            |         | 18:30      |            |           |            |          | 18:30   |            |            |         | 18:30      |            |         |            |            |         |            |            |
| 19:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 19:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 19:30 | PUMP    |            |            |         | CICLO      | FUNC.      |           |            |          | SH'BAM  |            |            |         | CICLO      | FUNC.      |         |            |            |         |            |            |
| 19:45 | 19:30   |            |            |         | 19:30      | 19:30      |           |            |          | 19:30   |            |            |         | 19:30      | 19:30      |         |            |            |         |            |            |
| 20:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 20:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 20:30 |         | YOGA       |            |         | STRONG     |            |           |            |          | GAP     |            |            |         | PUMP       |            |         |            |            |         |            |            |
| 20:45 |         | 20:30      |            |         | 20:30      |            |           |            |          | 20:30   |            |            |         | 20:30      |            |         |            |            |         |            |            |
| 21:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 21:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 21:30 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 21:45 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 22:00 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 22:15 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |
| 22:30 |         |            |            |         |            |            |           |            |          |         |            |            |         |            |            |         |            |            |         |            |            |

**ACTIVIDADES COLECTIVAS**

Reserva de actividades: desde 2 horas antes en web o APP Smartfit Spain, validando 10 minutos antes; o desde 1 hora antes en la instalación.

**HORARIO DE APERTURA**

Lunes a viernes: 07:00 - 22:30  
Sábados: 9:00 - 18:00  
Domingos y festivos: 09:00 - 14:00

**YOUR WELLNESS TEAM**