

	LUNES				MARTES				MIÉRCOLES				JUEVES				VIERNES				SABADO			DOMINGO		
	Estudio 1	Estudio 2	Sala Ciclo	Estudio 4	Piscina	Estudio 1	Estudio 2	Sala Ciclo	Estudio 4	Piscina	Estudio 1	Estudio 2	Sala Ciclo	Estudio 4	Piscina	Estudio 1	Estudio 2	Sala Ciclo	Estudio 4	Piscina	Estudio 2	Estudio 4	Sala Ciclo	Estudio 1	Estudio 0	Sala Ciclo
07:30			VIRTUAL CYCLING										VIRTUAL CYCLING						VIRTUAL CYCLING							
07:45			07:30																							
08:00																										
08:15																										
08:30																										
08:45																										
09:00																										
09:15																										
09:30		TONIFIC		YOGA-LATES																						
09:45		FITBALL	CICLO	09:30			GAP	CICLO	BODY BALANCE		CROSS CIRCUIT	GAP	CICLO	BODY PUMP		TONIFIC		CICLO	ZUMBA		CROSS CIRCUIT		CICLO	BODY BALANCE		
10:00		09:30	09:30	09:30			09:30	09:30	09:30		09:30	09:30	09:30	09:30		09:30		09:30	09:30		09:30		09:30	09:30		
10:15																										
10:30		ZUMBA		BODY PUMP	AQUAGYM		TONIFIC		BODY PUMP			BODY COMBAT		YOGA-LATES	AQUAGYM		GAP		BODY PUMP	AQUAGYM		BODY COMBAT		BODY PUMP	AQUAGYM	
10:45		10:30		10:30	10:30		FITBALL		10:30			10:30		10:30	10:30		10:30		10:30	10:30		10:30		10:30	10:30	
11:00			VIRTUAL CYCLING					VIRTUAL CYCLING					VIRTUAL CYCLING						VIRTUAL CYCLING							
11:15			11:00	FLEXIBILITY	AQUAGYM			11:00	FLEXIBILITY	AQUAGYM				11:00	MEDITA	AQUAGYM		ABD		BODY BALANCE	AQUAGYM					
11:30				11:30	11:30				11:30	11:30					11:30	11:30				11:30	11:30					
11:45																										
12:00																										
12:15																										
12:30			VIRTUAL CYCLING																							
12:45																										
13:00																										
13:15																										
13:30																										
13:45																										
14:00																										
14:15																										
14:30	CROSS CIRCUIT	14:30		VIRTUAL CYCLING					TONIFIC		CROSS CIRCUIT			VIRTUAL CYCLING					VIRTUAL CYCLING					VIRTUAL CYCLING		
14:45																										
15:00																										
15:15																										
15:30																										
17:00			VIRTUAL CYCLING																							
17:15			17:00																							
17:30																										
17:45																										
18:00																										
18:15		GAP	CICLO	BODY PUMP			TONIFIC	CICLO	BODY BALANCE			TONIFIC	VIRTUAL CYCLING	BODY PUMP									CICLO	BODY PUMP		
18:30		18:00	18:00	18:00			18:00	18:00	18:00			18:00	18:00	18:00												
18:45																										
19:00	ABD	TONIFIC		BODY BALANCE					BODY PUMP			ABD														
19:15	19:00	FITBALL		19:00					19:00			19:00														
19:30			CICLO		AQUAGYM		GAP		VIRTUAL CYCLING				CICLO	BODY JAM	AQUAGYM											
19:45			19:30		19:30		19:30	19:30	19:30			19:30	19:30	19:30												
20:00		BODY COMBAT		BODY JAM					ZUMBA																	
20:15				20:00																						
20:30	CROSS CIRCUIT	20:30					CROSS CIRCUIT																			
20:45																										
21:00			VIRTUAL CYCLING	BODY PUMP																						
21:15																										
21:30																										
21:45																										
22:00																										