

HORARIO DE CLASES COLECTIVAS

SMARTFIT Málaga

DESDE EL 3 DE JUNIO



| | LUNES | | | MARTES | | | MIÉRCOLES | | | JUEVES | | | VIERNES | | | SABADO | | | DOMINGO | | |
|-------|------------------|-----------------------|------------|-----------------|-----------------------|-----------------------|-----------------|-----------------------|------------|---------------|-----------------------|------------|--------------------|-----------------------|-----------------|---------|------------|------------|---------|------------|------------|
| | Estudio | Sala Ciclo | S. Fitness | Estudio | Sala Ciclo | S. Fitness | Estudio | Sala Ciclo | S. Fitness | Estudio | Sala Ciclo | S. Fitness | Estudio | Sala Ciclo | S. Fitness | Estudio | Sala Ciclo | S. Fitness | Estudio | Sala Ciclo | S. Fitness |
| 07:30 | | | | | | | | | | | | | | | | | | | | | |
| 07:45 | | VIRTUAL CYCLING 7:30 | | | | | | | | | | | | | | | | | | | |
| 08:00 | | | | | | | | | | | | | | | | | | | | | |
| 08:15 | | | | | | | | | | | | | | | | | | | | | |
| 08:30 | | | | | VIRTUAL CYCLING 8:30 | | | | | | | | | | | | | | | | |
| 08:45 | | | | | | | | | | | | | | | | | | | | | |
| 09:00 | | | | | | | | | | | | | | | | | | | | | |
| 09:15 | | | | | | | | | | | | | | | | | | | | | |
| 09:30 | YOGA-LATES 09:30 | VIRTUAL CYCLING 9:30 | | PILATES 09:30 | VIRTUAL CYCLING 9:30 | | BODY PUMP 09:30 | VIRTUAL CYCLING 9:30 | | | CICLO 09:30 | | PILATES 09:30 | VIRTUAL CYCLING 9:30 | | | | | | | |
| 09:45 | | | | | | | | | | | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | | | | | | | | | | | |
| 10:15 | | | | | | | | | | | | | | | | | | | | | |
| 10:30 | | CICLO 10:30 | | BODY PUMP 10:30 | VIRTUAL CYCLING 10:30 | | FUNC. 10:30 | VIRTUAL CYCLING 10:30 | | PILATES 10:30 | VIRTUAL CYCLING 10:30 | | POWER GLUTEO 10:30 | VIRTUAL CYCLING 10:30 | | | | | | | |
| 10:45 | | | | | | | | | | | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | | | | | | | | | | | |
| 11:15 | | | | | | | | | | | | | | | | | | | | | |
| 11:30 | | | | | | | | | | | | | | | | | | | | | |
| 11:45 | | | | | | | | | | | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | | | | | | | | | | | |
| 12:15 | | | | | | | | | | | | | | | | | | | | | |
| 12:30 | | VIRTUAL CYCLING 12:30 | | | VIRTUAL CYCLING 12:30 | | | VIRTUAL CYCLING 12:30 | | | VIRTUAL CYCLING 12:30 | | | VIRTUAL CYCLING 12:30 | | | | | | | |
| 12:45 | | | | | | | | | | | | | | | | | | | | | |
| 13:00 | | | | | | | | | | | | | | | | | | | | | |
| 13:15 | | | | | | | | | | | | | | | | | | | | | |
| 13:30 | | | | | | | | | | | | | | | | | | | | | |
| 13:45 | | | | | | | | | | | | | | | | | | | | | |
| 14:00 | | | | | | | | | | | | | | | | | | | | | |
| 14:15 | | | | | | | | | | | | | | | | | | | | | |
| 14:30 | | VIRTUAL CYCLING 14:30 | | | VIRTUAL CYCLING 14:30 | | | VIRTUAL CYCLING 14:30 | | | VIRTUAL CYCLING 14:30 | | | VIRTUAL CYCLING 14:30 | | | | | | | |
| 14:45 | | | | | | | | | | | | | | | | | | | | | |
| 15:00 | | | | | | | | | | | | | | | | | | | | | |
| 15:15 | | | | | | | | | | | | | | | | | | | | | |
| 15:30 | | | | | | | | | | | | | | | | | | | | | |
| 17:00 | | | | | | | | | | | | | | | | | | | | | |
| 17:15 | | | | | | | | | | | | | | | | | | | | | |
| 17:30 | | VIRTUAL CYCLING 17:30 | | | | | | | | | | | | | BODY PUMP 17:15 | | | | | | |
| 17:45 | | | | | POWER GLUTEO 17:45 | | | | | | | | | | | | | | | | |
| 18:00 | CARDIO BOX 17:45 | | | | | | PILATES 18:00 | | | | | | | | | | | | | | |
| 18:15 | | | | | | | | | | | | | | | | | | | | | |
| 18:30 | | | | | | | | | | | | | | | | | | | | | |
| 18:45 | | CICLO 18:45 | | PILATES 18:45 | | | | | | | | | | | | | | | | | |
| 19:00 | | | | | | | | | | | | | | | | | | | | | |
| 19:15 | | | | | | | | | | | | | | | | | | | | | |
| 19:30 | | | | | | | | | | | | | | | | | | | | | |
| 19:45 | | | | | | | | | | | | | | | | | | | | | |
| 19:45 | BODY PUMP 19:45 | | | | ZUMBA 19:45 | VIRTUAL CYCLING 19:45 | | | | | | | | | | | | | | | |
| 20:00 | | | | | | | | | | | | | | | | | | | | | |
| 20:15 | | | | | | | | | | | | | | | | | | | | | |
| 20:30 | | VIRTUAL CYCLING 20:30 | | | | | | | | | | | | | | | | | | | |
| 20:45 | | | | | | | | | | | | | | | | | | | | | |
| 21:00 | | | | | | | | | | | | | | | | | | | | | |
| 21:15 | | | | | | | | | | | | | | | | | | | | | |
| 21:30 | | VIRTUAL CYCLING 21:30 | | | | | | | | | | | | | | | | | | | |
| 21:45 | | | | | | | | | | | | | | | | | | | | | |
| 22:00 | | | | | | | | | | | | | | | | | | | | | |
| 22:15 | | | | | | | | | | | | | | | | | | | | | |
| 22:30 | | | | | | | | | | | | | | | | | | | | | |
| 22:45 | | | | | | | | | | | | | | | | | | | | | |

ACTIVIDADES COLECTIVAS
 Duración: Clases de 45', 30' o 15'.
 Calentamiento previo al inicio de la actividad.
 Consulta a tu técnico.
 Reserva de actividades: 2 horas antes en web y 1 hora antes en la instalación.

HORARIO DE APERTURA
 Lunes a viernes: 07:00 - 23:00
 Sábados: 09:00 - 14:00 Y 16:00 - 20:00
 Domingos y festivos: 09:00 - 15:00



YOUR WELLNESS TEAM